DOCUMENT RESUME

ED 242 186 EC 165 164

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TITLE Aids to Develop Throwing and Catching Skills.
INSTITUTION Physically Impaired Association of Michigan, Lansing. PAM Assistance Centre.
PUB DATE 82
NOTE 2p.
PUB TYPE Journal Articles (080) -- Guides - Non-Classroom Use (055)
JOURNAL CIT PAM Repeater; n11 p5 Sep 1982

EDRS PRICE MF01/PC01 Plus Postage.
DESCRIPTORS *Adapted Physical Education; Elementary Education; Instructional Materials; Physical Activities; Special Education; Teacher Developed Materials; *Toys
IDENTIFIERS *Catching; PF Project; *Throwing

ABSTRACT

THE FOLLOWING IS THE FULL TEXT OF THIS DOCUMENT: STICKER MITT: (Creative Concepts Unlimited, P.O. Box 176, Elmhurst, IL 60126) A plastic mitt with small suction cups on the palm of the glove so that a plastic ball will easily adhere to it. This ensures a successful experience for children who have never caught a ball!! Approximate cost: $8.95. HOMEMADE ALTERNATIVE: Make a mitt out of an old towel and sew velcro strips to the palm of the glove. Cover a lightweight plastic ball with velcro strips (use superglue to adhere velcro to plastic). LAYERED BALL: (Flaghouse Inc., 18 W. 18th Street, New York, NY 10011) A soft, spongy, multicolored ball that is easy for small or physically handicapped children to grasp because the material is layered. Approximate cost: $2.60. HOMEMADE ALTERNATIVE: You could use yarn balls as they are easy to grasp and inexpensive. To make yarn balls, cut 2 cardboard doughnuts 4 inches in diameter with 2 inch center holes. Hold the two doughnuts together and wrap yarn around them until the center is almost full. Cut the outside edge of the doughnut. Slide the 2 cardboard circles slightly apart and tie the yarn tightly in the center with string or another piece of yarn. Pull or cut doughnuts away and fluff yarn until it is round. AUDIBLE NERF BALL: (Flaghouse Inc., 18 W. 18th Street, New York, NY 10011) Foam basketball, soccerball, frisbee and football that beeps continuously when turned on; they are especially suited for visually impaired children. Approximate cost: $25.75 each. HOMEMADE ALTERNATIVE: Purchase a nerf ball (or cut one from foam). Cut the ball in half. Hollow out the center of the two halves. Insert four small bells into the hollowed center. Glue both halves together. For added support glue a strip of material (gros-grain ribbon) around the center of the ball where the halves were glued together. For a more decorative look, add two more strips of material around the ball, placing all three strips about two inches apart. Remember when making audible balls, they must be used in rolling activities, due to the fact that when throwing this ball it will give no audible cues as to its location until it meets the target. (Author)

AIDS TO DEVELOP THROWING AND CATCHING SKILLS: Submitted by: PAM Assistance Center, 601 W. Maple Street, Lansing, Michigan 48906

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